



Red Deer & District Family and Community Support Services

Funded projects 2018 - 2020





The Red Deer & District FCSS Region

Since 1974, Red Deer & District FCSS has been providing funding to non-profit agencies, school boards, and partner municipalities to deliver social services, supports, or programs that meet the criteria of the FCSS Act.

The City of Red Deer proudly administers Red Deer & District Family and Community Support Services (FCSS) in partnership with Bowden, Delburne, Elnora, Penhold, Red Deer County, and The City of Red Deer.

Red Deer & District Family and Community Support Services (FCSS) supports programs that help accomplish its vision of empowered individuals, healthy families, and caring communities.

What is FCSS?

FCSS is a partnership between local municipal governments, Métis settlements, and the provincial Community and Social Services Ministry. The partnership provides provincial funding that is matched with local tax dollars on an 80/20 share basis.

The Provincial FCSS Act requires this funding be used to support social programs which are preventive. The social well-being of individuals and families must be enhanced through strategies provided at the earliest opportunity, and funded projects must support at least one of these Strategic Directions:

1. Help people to develop independence, strengthen coping skills and become more resistant to crisis;
2. Help people to develop awareness of social needs;
3. Help people to develop interpersonal and group skills which enhance constructive relationships among people;
4. Help people and communities assume responsibility for decisions and actions which affect them;
5. Provide supports that help sustain people as active participants in the community.

FCSS projects are funded in one of five categories:

- Adults
- Children and Youth
- Community Development
- Family
- Seniors

The following list represents the FCSS funded projects for 2018-2020.

Adults

Vantage Community Services Walk-In Clinic

The Walk-In Clinic provides single session therapy counselling to individuals, couples, or families. There is no fee for service.

403-340-8995

www.vantagecommunityservices.ca





Children and Youth

Big Brothers Big Sisters Red Deer & District

The program includes the traditional match along with in-school mentoring and teen mentoring. The program matches an adult or teen mentor one-on-one with a child or youth 5 to 15 years of age in Red Deer.

403-342-6500

youthhq.ca/organization/big-brothers-big-sisters/

Boys and Girls Club of Red Deer and District

The Boys and Girls Club creates safe environments where children and youth experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life.

403-342-6500

youthhq.ca/organization/boys-and-girls-club/

Central Alberta Refugee Effort Immigrant Youth Program

The Immigrant Youth Program assists newly arrived immigrant and refugee youth with integrating socially and culturally into mainstream Canadian society.

403-346-8818

immigrant-centre.ca

Chinook's Edge School Division Family School Wellness Program

The Family School Wellness Program is available at schools within the division, working with youth and their families when they are facing social or economic challenges. It is also a link to a variety of community agencies, and the program advocates effectively in support of students and their families.

403-227-7070

www.cesd73.ca

Playschools

Local playschools encourage children to play in a learning environment while preparing them academically and socially for kindergarten.

Benalto Playschool: 403-318-8003

playschoolbenalto@gmail.com

Delburne Playschool Society: 403-749-3606

Elnora Playschool Society: 403-773-3171

playschoolelnora@gmail.com

Spruce View Rural Child Care Society: 403-505-9091

spruceviewruralchildcaresociety@hotmail.com

Town of Penhold – Youth Club

Offers free after-school programming, two days per week for grades 5 and 6 and grades 7 to 9, and once a week for grades 9 to 12. The program is designed to ensure youth have a safe, supervised, inclusive "3rd place" where they may receive guidance and support.

403-896-5510

Village of Elnora – Youth Centre

Programming builds relationships with local youth, community members and constructing programming for the youth. Focuses on ensuring family support services for the local youth and integrating new families into the community.

403-773-3922

Community Development

City of Red Deer – Community Facilitators

Social Planning Community Facilitator positions in the City of Red Deer are partially funded by the Red Deer & District FCSS program. As community developers, the facilitators seek to increase awareness of social needs and engage the community to assume responsibility for decisions and actions that affect them.

403-342-8100

www.reddeer.ca/fcss

FCSS Community Workers

The FCSS Community Workers in each of the five partner municipalities deliver preventive programming and enhance the social well-being of individuals and families in the rural areas in accordance with the FCSS mandate.

Town of Bowden: 403-224-2207

Village of Delburne: 403-749-3654

Village of Elnora: 403-773-3920

Town of Penhold: 403-886-4567

West Red Deer County: 403-505-9091

Springbrook: 403-350-9533

Red Deer County – Community Facilitator

The roles and responsibilities are similar to that of the City of Red Deer Community Facilitators, with a rural focus.

403-350-2150

www.rdcountry.ca

Family

Family Services of Central Alberta - Family Counselling

Family Counseling aims to offer short term, professional, affordable, individual, couple and family (including children) therapy services and options to the various populations throughout Central Alberta.

403-343-6400

www.fsca.ca

Family Services of Central Alberta – Infant Preschool Wellness Program

Addresses the health, developmental needs, and well-being of children 0 to 6 years of age and their families living in conditions of risk.

403-343-6400

www.fsca.ca

Red Deer Public School Division – Community Liaison Workers

Provides preventive services and early intervention assistance to children and their families in the Red Deer Public School Division and Red Deer Catholic Regional School Division.

403-343-1405

www.rdpsd.ab.ca

Shalom Counselling Centre of Alberta – Strengthening Emotional and Relational Wellness for Individuals and Families

Provides individual, couples, and family counselling for emotional and relational concerns. Group therapy is also available to address anger management, relief of stress and anxiety, building healthy boundaries, and managing change effectively.

403-342-0339

www.shalomcounselling.com

info@shalomcounselling.com

Town of Penhold – Family Resource and Support Program

Provides families, children and youth access to information, resources and supports to build capacity, increase knowledge and strengthen families protective factors, all leading to increased family functioning and well-being.

403-886-4567

Seniors

Circle of Red Deer Seniors Society – Golden Circle Outreach Program

Outreach provides up-to-date preventive programming and resources emphasizing the social well-being of older adults and their care givers, 55 years and up.

403-343-6074

www.goldencircle.ca

info@goldencircle.ca

Family Services of Central Alberta Home Support Program

This program offers individualized in-home services to people with temporary or chronic disabilities, older adults, and those recovering from injury.

403-343-6400

www.fsca.ca

Red Deer Meals on Wheels

The program delivers a nutritious, hot noonday meal to those unable to prepare such meals on their own, while also providing daily personal face-to-face interactions with volunteer drivers.

403-340-2511

www.reddeermealsonwheels.com



For more information on Red Deer & District
FCSS or the administration of the program:
visit: www.reddeer.ca/socialplanning
call: 403-342-8100
email: socialplanning@reddeer.ca

FCSS partners:

Town of Bowden
Village of Delburne
Village of Elnora
Town of Penhold
Red Deer County
The City of Red Deer
The Province of Alberta

